

OCCUPATIONAL HEALTH PHYSIOTHERAPY



Work is good for the health of the population, yet sickness absence due to common health-related conditions remains significantly high in the UK.

This cost burden to individuals, employers and society can be avoided with rapid intervention.

Physiotherapy Matters is able to provide preventative and reactive services for keeping people at work or helping workers return quickly after sickness absence.

Physiotherapy Matters is a leading provider of musculoskeletal (MSK) treatment to clients across the North East. We take great pride in our services which aim to offer quality, clinically robust and tailored treatment to your employees.

We believe that the best way to manage musculoskeletal disorders is to prevent them in the first place. This is why we place great emphasis on health promotion and offer wellbeing events, work out at work days and educational programmes for managers and employees.

Our comprehensive approach which aims to help those absent return to work, prevent absence and promote wellbeing will assist businesses in reducing sickness absence levels and associated costs.

Our Services

- Telephone triage
- Educational workshops / health promotion
- On-site or off-site MSK physiotherapy
- Management information
- Reports / Return to Work (RTW) advice
- Case management / advice on alternative roles
- Job-specific manual handling advice
- Fit note analysis
- Workstation (WSA) / Display Screen Equipment (DSE) Assessments



WHY PHYSIOTHERAPY MATTERS...

Keeping the North East moving

We work extensively with corporate clients throughout the North East including Virgin Money, Newcastle International Airport and North Tyneside Council.

Quality Assurance

We comply with an international recognised quality benchmark – ISO 9001: 2008, ensuring an optimal standard of best practice MSK physiotherapy service delivery.

All of our physiotherapists are state registered and are members of the Health Care Professionals Council. Our team of occupational health physiotherapists are all experienced in various industry settings and undergo regular occupational health training. This ensures that a strong clinical evidence base underpins our practice and is linked to measureable outcomes.



OUR CUSTOMERS

“We have used the services of Physiotherapy Matters since 1st January 2009. We are pleased with the results we have achieved and believe that their interventions have significantly contributed to a 50% reduction in our overall absence levels over recent years.

“Physiotherapy Matters takes a flexible approach to the way in which they work with us, tailoring their service to meet with the needs of our business as well as our employees.”

Keith Faley – HR Manager,
Newcastle International Airport Ltd

“Physiotherapy Matters have provided an excellent service to North Tyneside Council for the last four years. The service has given value for money, and its cost effectiveness is easy to show given the low cost of the physio sessions balanced against the high cost of absence.

“Additionally, the staff are pleasant, pro-active and business-like in all their dealings which makes dealing with them a good experience for both management and staff.”

Karl Lowthian – Occupational Health and Safety Manager, North Tyneside Council



Clinics in Gosforth, Newcastle City Centre & Darras Hall, Ponteland

For more information about how we can help you and your employees, please contact us:

Tel: 0191 285 8701

Email: info@physiotherapymatters.co.uk

Web: www.physiotherapymatters.co.uk

Opening Times

Mon, Wed, Fri 8:30am - 5:30pm

Tues & Thurs 8:30am - 7:30pm

Saturday 8:30am - 1:30pm

Facebook: /Physiotherapymattersuk

Twitter: @Physiomattersuk

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