

WHY PHYSIOTHERAPY MATTERS



Established in 2006, Physiotherapy Matters Limited is dedicated to providing a high standard of services to clients suffering musculoskeletal (MSK) problems, across three physiotherapy clinics in Gosforth, Darras Hall and Newcastle City Centre.

Physiotherapy Matters clinics also deliver on- and off-site Occupational Health services to companies, as well as on-site MSK services at GP practices for the NHS.

About our team

All of our clinicians are registered with the Health Care Professional Council and confirm to standards set by the Chartered Society of Physiotherapy. The clinical team undergo regular training and their performance is reviewed so that you can be sure that the care you receive is appropriate for your condition. If you require further investigations such as MRI or Ultrasound we have partners who we can refer you to, making the process as easy as possible.

Treatments include

- Manual Therapy
- Exercise Therapy
- Electrotherapy
- Shockwave Therapy
- Injection Therapy
- Acupuncture
- Sports Massage
- Pregnancy Massage
- Sports Screening Services

What to expect

You will be assessed by a qualified physiotherapist which will include a number of questions and a thorough physical examination. This assessment also aims to define the goals you are aiming for which may be to be fit for a race, take the kids to the park or return to your occupation. The assessment findings and diagnosis will be discussed with you and you will be given opportunities to ask questions.

The physiotherapist will then discuss the benefits and risks of all treatments and a joint decision will be made relating to the most appropriate therapy. Upon completion of your treatment we will offer you guidance about how to prevent further injury and with your consent write an appropriate report to your GP, employer or insurance company.



OUR SERVICES

MSK NHS Provision

Physiotherapy Matters currently provides musculoskeletal (MSK) physiotherapy services to Northumberland CCG on-site at Ponteland Medical Centre for patients of Ponteland Medical Group and Scots Gap Surgery.

We are proud to say that GPs have expressed their satisfaction at the service provision and the benefits of our collaborative working ethos. This collaboration and on-site approach helps to develop our understanding of the pressures faced by commissioners in ensuring effective services are offered in a timely manner.

Physiotherapy Matters strives to ensure that evidence informed treatments are offered in an efficient manner and that patients can access the level of care they require quickly and appropriately. By utilising both telephone and face to face services we can minimise waiting lists as well as inappropriate secondary care referrals, resulting in a smooth and successful working structure.

Occupational Health Services

Physiotherapy Matters works extensively with corporate clients throughout the North East. Both on-site and at our clinics, we provide effective and collaborative musculoskeletal (MSK) physiotherapy provision to meet the individual Occupational Health needs of each business.

We have established and implemented an internal comprehensive quality assurance system in order to maintain a high standard and level of MSK physiotherapy service delivery. This quality assurance system allows Physiotherapy Matters to put in place best practice services for MSK health.

Physiotherapy Matters has successfully completed ISO 9001:2015 accreditation process to verify the quality management system complies with an internationally recognized external body. We are also accredited to NHS Information Governance and are working towards SEQOHS.

Private Clinics

Physiotherapy Matters is dedicated to providing a high standard of service to clients suffering musculoskeletal problems.

We can see patients in any one of our modern clinics, or alternatively we can visit patients in the comfort of their own homes. We can tailor our services to cater for any individual requirements. We offer a variety of treatments to manage a range of conditions from poor work related posture to sports injuries and general wear and tear.

Physiotherapy Matters provides a client focused service to help individuals regain optimum musculoskeletal health to allow them to meet their goals; be it return to sports following an injury or manage a chronic condition well enough to be able to carry out day to day activities.

Clients can self-refer and do not need to see their GP, they can also be referred through an intermediary company, insurance company or solicitor if they have suffered an accident.

Older People Care

Physiotherapy Matters have a dedicated team committed to providing older people with expert services tailored to suit their needs. We offer home visits to provide patients with the convenience of us going to them which can be particularly useful for those with difficulty walking or for people that struggle with transport. The therapist brings all the rehabilitation and diagnostic equipment that is required to ensure they receive the exact same service as if they were visiting one of our clinics.

Our Physiotherapists also attend nursing or residential homes across the North East. They work with care staff to ensure patients receive the very best advice regarding mobility.



Clinics in Gosforth, Newcastle City Centre & Darras Hall, Ponteland

For more information about how we can help you and your employees, please contact us:

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